

Rialto Unified School District

**LIFEGUARD/INSTRUCTIONAL ASSISTANT**

**DEFINTION**

**QUALIFICATIONS**

**Knowledge of:** Swimming pool life guarding practices and procedures; swimming pool rescue techniques and practices; first aid and CPR principles and practices; swimming pool safety regulations and practices; tutoring methods.

**Ability to:** Rescue swimming pool users in danger of drowning; administer first aid and CPR; use life lines, rings, and other aquatic safety equipment; communicate orally and establish and maintain cooperative relationships with those contacted in the course of work; understand and follow oral and written instructions; analyze situations carefully and adopt effective courses of action; establish and maintain cooperative working relationships with those contacted in the course of work; communicate effectively, both orally and in writing.

**PHYSICAL DEMANDS**

The physical requirements indicated below are examples of the physical aspects within this classification must perform in carrying out essential job functions.

